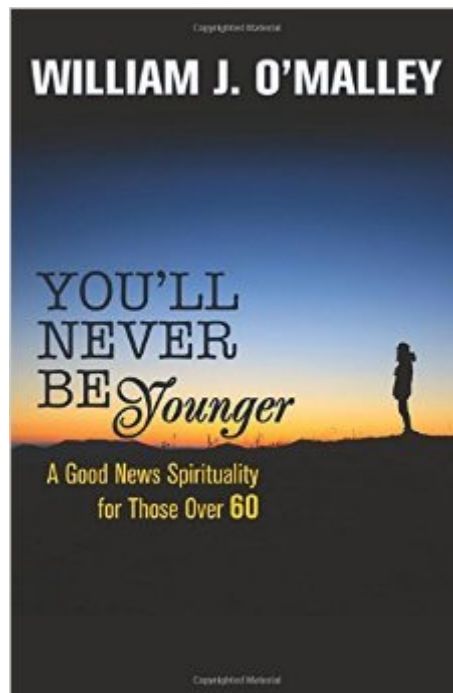


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# You'll Never Be Younger: A Good News Spirituality For Those Over Sixty



## Synopsis

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone." --Andy Rooney  
The purpose of this treasure map to living with enthusiasm in your later years is to realize what the ageless beauty Sophia Loren long ago discovered: "There is a fountain of youth: it is your mind--your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age." Readers who have lived and who love books will find insight, wit, and realistic optimism in this book written by one who's been there, done that, and knows.

## Book Information

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #674,364 in Books (See Top 100 in Books) #156 in [Books > Christian Books & Bibles > Catholicism > Self Help](#) #1560 in [Books > Health, Fitness & Dieting > Aging](#) #2020 in [Books > Christian Books & Bibles > Churches & Church Leadership > Pastoral Resources](#)

## Customer Reviews

I enjoyed this book so much that I bought several copies to give as gifts to friends. Everyone couldn't say enough positive comments. O'Malley is a gift to the spirit. His theology is right on the mark and his humor never fails to underscore his insights. My suggestion is that you go ahead and buy several copies on your initial order. You'll save time!  
Mary Ann Fischer

This is an excellent series of essays aimed for those past 65 to reorient your viewpoints on life and death as you recognize that you are in your unwinding days. Fr O'Malley has a very unique way of holding your attention and refocusing your beliefs with a mix of challenge, humor and self deprecation. I often found myself agreeing with points that I never had considered before. I would strongly recommend this book for those entering retirement not for financial planning but for spiritual planning.

Excellent. Spirituality everyone can understand. Hope for people in their later years. I not only recommend it, but plan to give it as a gift to many, including my brothers and sisters as they reach their milestone birthdays.

I want to be assured that all will be well, and O'Malley reassures. That is not all that O'Malley has to give. A central theme is that we are beloved by God, and that we are invited to lead joy filled lives. Not only at the "banquet in heaven", but now is the time to live courageously, lovingly and with contentment. He was an uplifting companion in my journey. Thank you.

A life changer. O'Malley is a wordsmith much like Tom Wolfe: thoughtful, cogent and concisely both metaphysical and empirical (down to earth). His metaphors, analogies with references to Carl Sagan "Cosmos", S. Hawking's infinite universes and Dawkins' universal human delusion about purposefulness (pg 37) are so worth the effort of engaging your mind. This Jesuit priest is in his 80's and writes like an old Olds "Rocket" 88 with top down and pedal to the metal. Exhilarating.

I wish all cradle Catholics would read this. His stories are entertaining and teach wonderful lessons. He exemplifies the value of age.

It is an insightful, informative, and at times humorous presentation concerning some aging experiences.

Easy but wise reading

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(Sixty-Minute Shakespeare)  
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